

<b>Introduction</b>	1 min
<b>Starter</b>	3 mins
<b>Discussion</b>	4 mins
<b>Teaching</b>	2 mins
<b>Activities</b>	40 mins
<b>Plenary</b>	5 mins

---

### **Key Words:**

- Prayer
  - Reflection
  - God
  - Values
  - Faith
- 

### **By the end of this session, pupils will be able to:**

- Describe their experience of exploring prayer/ reflection in the prayer space.
- Reflect on their own beliefs and values around the concepts raised.
- Evaluate the potential impact of prayer/ reflection on an individual/society.

I am...

I am here from...

The reason I am here is...



<b>Introduction</b>	1 min
<b>Starter</b>	3 mins
<b>Discussion</b>	4 mins
<b>Teaching</b>	2 mins
<b>Activities</b>	40 mins
<b>Plenary</b>	5 mins

### Key Words:

- Prayer
- Reflection
- God
- Values
- Faith

### By the end of this session, pupils will be able to:

- Describe their experience of exploring prayer/ reflection in the prayer space.
- Reflect on their own beliefs and values around the concepts raised.
- Evaluate the potential impact of prayer/ reflection on an individual/society.

# Discuss in pairs:



What is prayer – can you form a simple definition?



Think of 3 situations in which someone - whether religious or not - might pray



How might someone pray?  
Think about location, posture, rituals, symbols...

<b>Introduction</b>	1 min
<b>Starter</b>	3 mins
<b>Discussion</b>	4 mins
<b>Teaching</b>	2 mins
<b>Activities</b>	40 mins
<b>Plenary</b>	5 mins

---

### Key Words:

- Prayer
- Reflection
- God
- Values
- Faith

---

### By the end of this session, pupils will be able to:

- Describe their experience of exploring prayer/ reflection in the prayer space.
- Reflect on their own beliefs and values around the concepts raised.
- Evaluate the potential impact of prayer/ reflection on an individual/society.



<b>Introduction</b>	1 min
<b>Starter</b>	3 mins
<b>Discussion</b>	4 mins
<b>Teaching</b>	2 mins
<b>Activities</b>	40 mins
<b>Plenary</b>	5 mins

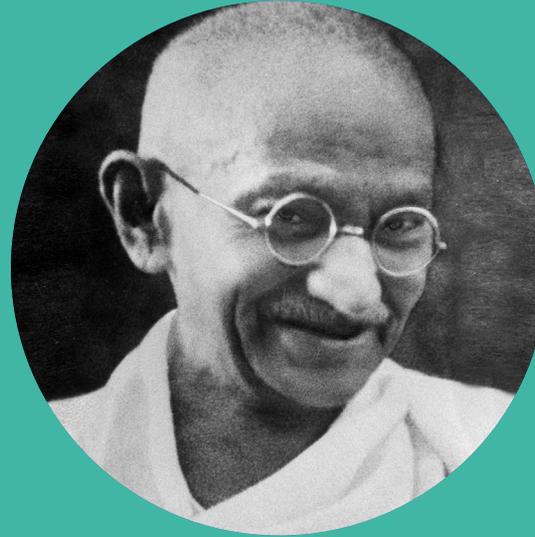
---

### **Key Words:**

- Prayer
  - Reflection
  - God
  - Values
  - Faith
- 

### **By the end of this session, pupils will be able to:**

- Describe their experience of exploring prayer/ reflection in the prayer space.
- Reflect on their own beliefs and values around the concepts raised.
- Evaluate the potential impact of prayer/ reflection on an individual/society.



“Prayer is not an old woman’s **idle amusement**. Properly understood and applied, it is the **most potent instrument of action**.”

**Mahatma Gandhi**



<b>Introduction</b>	1 min
<b>Starter</b>	3 mins
<b>Discussion</b>	4 mins
<b>Teaching</b>	2 mins
<b>Activities</b>	40 mins
<b>Plenary</b>	5 mins

---

### **Key Words:**

- Prayer
  - Reflection
  - God
  - Values
  - Faith
- 

### **By the end of this session, pupils will be able to:**

- Describe their experience of exploring prayer/ reflection in the prayer space.
- Reflect on their own beliefs and values around the concepts raised.
- Evaluate the potential impact of prayer/ reflection on an individual/society.

# Exploring prayer / reflection space

<b>Introduction</b>	1 min
<b>Starter</b>	3 mins
<b>Discussion</b>	4 mins
<b>Teaching</b>	2 mins
<b>Activities</b>	40 mins
<b>Plenary</b>	5 mins

---

### Key Words:

- Prayer
- Reflection
- God
- Values
- Faith

---

### By the end of this session, pupils will be able to:

- Describe their experience of exploring prayer/ reflection in the prayer space.
- Reflect on their own beliefs and values around the concepts raised.
- Evaluate the potential impact of prayer/ reflection on an individual/society.

# Welcome Back!



Which activity did you most enjoy/why?



Which did you find most challenging/why?



What did you learn about yourself or your own beliefs and values?



How might prayer or reflection benefit people of faith or of no faith?