

LESSON PLAN

Exploring Prayer (SMSC)

Key Stage 4 and Post 16



Overview:

This lesson plan is meant as a guide to running a prayer space lesson with Key Stage 3



Lesson Subject

Spiritual development emphasis while also covering elements of the RE Curriculum.



Lesson Duration

50 minute session using the prayer activities, sandwiched by an introduction to prayer and a plenary.



Intended Audience

This lesson is for pupils aged 15-19. It works well with between 15 and 30 pupils, depending on the number of prayer activities.

Curriculum Links

National Curriculum on SMSC

Every state-funded school must offer a curriculum which, promotes the spiritual, moral, social, cultural, mental and physical development of pupils.

The spiritual development of pupils is shown by their:

- Ability to be reflective about their own beliefs, religious or otherwise, that inform their perspective on life and their interest in and respect for different people's faiths, feelings and values.
- Willingness to reflect on their experiences.

The cultural development of pupils is shown by their:

- Interest in exploring, improving understanding of and showing respect for different faiths and cultural diversity.

(OFSTED School Inspection Handbook Aug 2016)

Through their provision of SMSC, schools should:

- Enable students to develop their self-knowledge, self-esteem and self-confidence.
- Further tolerance and harmony between different cultural traditions by enabling students to acquire an appreciation of and respect for their own and other cultures.

(DFE Advice for Promoting Fundamental British Values as Part of SMSC in Schools Nov 2014)

Continued...

National Curriculum Framework for RE (2013)

Pupils should:

- Extend and deepen their knowledge and understanding of religions and worldviews, reflecting local, national and global contexts.
- Use a wide range of concepts... to interpret, contextualise and analyse the expressions of religions and worldviews they encounter.
- Use different disciplines and methods by which religions and worldviews are studied to analyse their influence on individuals and societies.

Learning Objectives

- Deepen pupils' understanding of prayer through exploration/experience.
- Develop pupils' self-knowledge and self-esteem.
- Promote understanding and tolerance of the concept and practice of prayer.
- Provide an opportunity to reflect on their own beliefs and values.

Intended Learning Outcomes

By the end of this session, pupils will be able to:

- Describe their experience of exploring prayer/reflection in the prayer space.
- Reflect on their own beliefs and values around the concepts raised.
- Evaluate the potential impact of prayer/reflection on an individual/society.

Climate for Learning

Create a safe environment by welcoming and reassuring pupils. Be clear about behaviour boundaries. Ensure pupils know how to seek help during the session. Report any concerns about a pupil's wellbeing or safety to the school's safeguarding lead.

Key Words

Prayer, reflection, God, values, faith.

Lesson Outline

Introduction:

Introduce pupils to a range of beliefs about and practices of prayer.

Main Activity:

Pupils use the prayer space.

Plenary:

Pupils reflect on what they have learned and experienced.